

EXTREME ABILITIES



You're only as limited as you allow yourself to be

Learn to surf schedule

Session 1

08:00 – 08:30	Change into Wetsuits
08:30 – 09:30	Learn to surf session
09:30 – 10: 00	Change into cloths

Session 2

10:00 – 10:30	Change into Wetsuits
10:30 – 11:30	Learn to surf session
11:30 – 12: 00	Change into cloths

Session 3

12:00 – 12:30	Change into Wetsuits
12:30 – 13:30	Learn to surf session
13:30 – 14: 00	Change into cloths

Surf Comp Schedule

Round 1					
Event start	Time	Heat 1	Heat 2	Heat 3	Heat 4
08:00	20 min per heat (80 min)	5 pax	5 pax	5 pax	5 pax
Round 2					
09:20	20 min per heat (80 min)	4 pax	4 pax	4 pax	4 pax
Round 3 Semi Final					
10:40	25 min per heat (50 min)	Heat 1		Heat 2	
		4 pax		4 pax	
11:30	20 min Break				
Round 4 Final					
12:55	25 min	Heat 1 winner		Heat 2 winner	
Event End: 13:10	15min	Prize giving			

Extreme Abilities Community Works
NPC 2013/113230/08